PRAMATHESH BARUA COLLEGE GAURIPUR

ESTD-1964

BEST PRACTICE

2017-2018

2017-2018

Best Practice-1

Title of the Practice: Universal Health Awareness for All.

1. The context that required the initiation of the practice:

The college feels that creating health awareness among the students is a priority along with their courses for study. The college has to bring all the health related programmes of the Govt. to the notice of the students so that the same may be disseminated in their villages and known to the common people. The college initiates different types health awareness programmes facilitating medical check-up for the students. It is undeniable that the students of the college are mostly from rural background hailing from socio-economically backward environment and most of them are brought up with some superstitious belief and social taboos. A few health awareness sessions on health related issues need to be organised for students to eradicatesuch social taboos and superstitious practices with Universal Health Awareness Programme for all the students of the college.

2. Objective of the practice:
a. To bring all the health related programmes of the Govt. to the notice of the students.
b. To create awareness on proper hygiene during monthly cycle of girls students.
a. To create awareness on prevention measure of Malaria, Dengue etc.
b. To create awareness on life style related diseases like diabetics, hypertension etc.

3. Practice:

The college has initiated 4 (four) numbers of awareness programmes including one health check-upprogramme for the students.A programme on the theme 'Universal Health Coverage: Everyone, Everywhere' adopted by WHO is celebrated every year on 7th April. The motto behind the theme is that every country must achieve Universal Health Coverage by 2030 of which India is also a part.The college has set up a medical team to provide free health check-up camp. A general physician Dr.M.S.Ullah has been engaged with the team. The assistance of Joint Director Health has been taken in free health check-up programmes held on 7th April, 2018. A good number of volunteers (students) were engaged including the NSS volunteers &NCC cadets of the college. Joint Director of Health Service, Dhubri was invited to the programme along with senior Health Officers from Gauripur Community Health Centre. A total of 195 students along with a few local people participated in the event. The programme was successful, where the students and the community members interacted with the resource persons. 7(seven) Teachers from different departments assisted the programme.

4. Obstacles of the practice:
a. Hesitation in sharing certain health problems by the students with the Medical Unit of the college.
b. Shortage of physicians and medicine.
c. Scarcity of medical experts on different health issues.

5. **Impact of the practice:**
a. Students become more confident of their fitness of body and mind.
b. Encouraged to practiceregular physical exercise.

6. **Resources required:**
   a. The First Aid facility to be enhanced.
   b. A Team of Medical experts for annual visit.
   c. Banner/Poster
   d. Students/ Volunteers
   e. Sphygmomanometer
   f. Glucometer
   g. Medicines
   h. Weighingmachine

Best Practice-2 (2017-18)

Title of the practice: Use of ICT in teaching learning process

1. **The Context that required the initiation of the practice:**

The college had initiated to focus on ICT based teaching learning mode as one the best practices in the academic session 2015-2016 as it was ardently felt to facilitatethe teachers and students with a new method of teaching and learning environment in the classrooms with a view to minimize the usage of paper. So at the outset, the college took an initiative to train a few teachers. Accordingly the college needed to install more ICD tools for practices of ICT based classes. Some future plans were there that academic session to initiate as follow up action. In this academic session of 2017-2018two ICT enabled classroom have been newly added.

2. **Objectives:**
   a. To create technically sound environment in the college campus
   b. To minimize the gap of traditional classrooms and techno-baseddday to day life of the students.
   c. To create the environment of easier access of e-learning materials.
   d. To provide ICT based classroom for the students of General UG courses besides for the students having major subjects.
   e. To create ICT friendly environment in the campus

3. **Practice:**

The majority students of the college are using android mobile with internet facility. For many students the study materials of their courses area at the finger-tip. So the college has made an humble attempt to bridge the gap of ICT based social life and traditional classroom teaching supplemented by ICT based classroom teaching. It's often found that Google materials for study

are not up to the mark of syllabus content. Moreover, some of the students cannot find out the appropriate study material browsing internet. The young faculties from each of the department of both Arts and Commerce stream have guided the students of both Major and General Coursesusing PPT and e-resources browsing internet.The students also show their growing interest in ICT based classes and E-study materials. So to encourage the students' attendance in ICT based classes, the conference hall, two more newly added ICT enabled classrooms besides Digital classroom of the college.

4. Obstacles:

A few students were found reluctant to equip with modern way of teaching. The departments felt the necessity of more facilities of ICD based classes. The digital class room alone supplemented by an LCD projector is not sufficient to cater the growing demand of ICT based classes. Even some of the classrooms of the college are not user friendly for conducting ICT based classes. It is also noticed that a few number of students are reluctant to transit themselves from traditional mode of teaching to ICT based practices. The need of installation of projector part by part in the classrooms was urgently felt. The college decided to address some of the short falls in the next academic sessions.

5. Impact of the Practice:

The students are introduced to the e-books, e-journals and other e-resources freely available in internet. Both teachers and students are looking for an innovative technique of ICT based classroom teaching.The integration of traditional and ICT based classes encourages the students to accept the new mode of teaching learning process.

6. Resource Required:
a. Increase of ICT based classrooms.
b. Long term training on how to use ICT tools in classroom.
c. WiFi facility with lease line connectivity of internet in the campus.
d. Repairing of Desktop Computers of each Department.
e. Laptop to be provided in each department.